

AMENDED IN ASSEMBLY JANUARY 31, 2013

CALIFORNIA LEGISLATURE—2013–14 REGULAR SESSION

Assembly Concurrent Resolution

No. 4

Introduced by Assembly Member Buchanan

(Coauthors: Assembly Members Achadjian, Alejo, Allen, Ammiano, Atkins, Bigelow, Bloom, Blumenfeld, Bocanegra, Bonilla, Bonta, Bradford, Brown, Ian Calderon, Campos, Chau, Chávez, Chesbro, Conway, Cooley, Dahle, Daly, Dickinson, Donnelly, Eggman, Fong, Fox, Frazier, Beth Gaines, Garcia, Gatto, Gomez, Gordon, Gorell, Gray, Grove, Hagman, Hall, Harkey, Roger Hernández, Hueso, Jones, Jones-Sawyer, Levine, Linder, Lowenthal, Maienschein, Mansoor, Medina, Melendez, Mitchell, Morrell, Mullin, Muratsuchi, Nazarian, Nestande, Pan, Patterson, Perea, John A. Pérez, V. Manuel Pérez, Quirk, Rendon, Salas, Skinner, Stone, Ting, Torres, Waldron, Weber, Wieckowski, Wilk, Williams, and Yamada)

January 15, 2013

Assembly Concurrent Resolution No. 4—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 4, as amended, Buchanan. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2013 as American Heart Month in California and recognize February 1, 2013, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Cardiovascular disease is the nation’s leading cause
2 of death and costliest disease, with direct and indirect costs
3 estimated to be \$312.6 billion dollars; and

4 WHEREAS, Cardiovascular disease accounts for one in three
5 deaths nationwide, and stroke is the leading cause of disability;
6 and

7 WHEREAS, More than 2,150 Americans die of cardiovascular
8 disease each day, approximately one death every 40 seconds; and

9 WHEREAS, Nearly 34 percent of deaths due to cardiovascular
10 disease occur before the age of 75 years; and

11 WHEREAS, In the United States, an estimated 635,000 people
12 in the United States will have a new coronary attack, an estimated
13 280,000 people nationwide will have a recurrent attack, and an
14 additional 150,000 “silent” heart attacks will occur this year; and

15 WHEREAS, More women die from heart disease than all forms
16 of cancer combined; and

17 WHEREAS, More than one in three female adults has some
18 form of cardiovascular disease, yet only one in five women believe
19 that heart disease is her greatest threat; and

20 WHEREAS, Ninety percent of women have one or more risk
21 factors for developing heart disease; and

22 WHEREAS, The symptoms of heart disease can be different
23 for women than for men, and are often misunderstood; and

24 WHEREAS, Women are less likely to call 911 for themselves
25 when experiencing symptoms of a heart attack than if someone
26 else were having a heart attack; and

27 WHEREAS, The research is clear that there are preventive
28 strategies, as well as community-based strategies, that can increase
29 survival rates from cardiovascular disease; and

30 WHEREAS, Making the right choices relating to proper
31 nutrition, physical activity, and other healthy lifestyle choices are
32 essential to living a heart-healthy life; and

33 WHEREAS, February is designated as American Heart Month,
34 and Californians should learn the warning signs of heart disease
35 and stroke; and

36 WHEREAS, Go Red for Women is the American Heart
37 Association’s national call to increase awareness about heart
38 disease—the leading cause of death for women—and to inspire
39 women to take charge of their heart health; and

1 WHEREAS, The Go Red for Women movement has been
2 impacting the health of women for 10 years, and as a result, 330
3 fewer women are dying each day; and

4 WHEREAS, Wear Red Day is recognized nationwide each year
5 to highlight the Go Red for Women campaign; now, therefore, be
6 it

7 *Resolved by the Assembly of the State of California, the Senate*
8 *thereof concurring*, That the Legislature recognizes the month of
9 February 2013 as American Heart Month in California in order to
10 raise awareness of the importance of the ongoing fight against
11 heart disease and stroke; and be it further

12 *Resolved*, That the Legislature recognizes February 1, 2013, as
13 Wear Red Day in California, and urges all citizens to show their
14 support for women and the fight against heart disease by
15 commemorating this day by wearing the color red; and be it further

16 *Resolved*, That the Legislature urges public support for Go Red
17 for Women events planned in California during American Heart
18 Month; and be it further

19 *Resolved*, That the Chief Clerk of the Assembly transmit copies
20 of this resolution to the author for appropriate distribution.